

ECLC DECEMBER 2016 MENU w/ SNACK

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY 1</u>	<u>FRIDAY 2</u>
<p><u>Alternative Meals:</u></p> <p>11/28-12/2: Hummus Plate</p> <p>12/5-12/9: Yogurt Box</p> <p>12/12-12/16: Wow Butter & Honey Sandwich</p>			<p><u>BREAKFAST</u></p> <p>Oatmeal w/Brown Sugar or Assorted Cereal w/Toast Applesauce Choice of Milk</p> <p><u>LUNCH</u></p> <p>Chicken Soft Tacos Lettuce, Tomato, Salsa Sour Cream & Guacamole Black Beans Pineapple Tidbits Choice of Milk</p> <p><u>SNACK</u></p> <p>Plain Cheerios Milk</p>	<p><u>BREAKFAST</u></p> <p>Scrambled Eggs & Cheese Grits Or Assorted Cereal w/Toast Choice of Milk</p> <p><u>LUNCH</u></p> <p>Hamburger, Lettuce, Tomato, Pickle Green Beans Ranch Potato Wedges Sliced Apple/Applesauce Choice of Milk</p> <p><u>SNACK</u></p> <p>Individual Popcorn, 100% Fruit Juice</p>
<u>MONDAY 5</u>	<u>TUESDAY 6</u>	<u>WEDNESDAY 7</u>	<u>THURSDAY 8</u>	<u>FRIDAY 9</u>
<p><u>BREAKFAST</u></p> <p>Waffle w/Syrup or Assorted Cereal w/Toast 100% Fruit Juice Choice of Milk</p> <p><u>LUNCH</u></p> <p>Turkey & Cheese Roll Up Oven Waffle Fries Steamed Broccoli Sliced Pears Choice of Milk</p> <p><u>SNACK</u></p> <p>Cheese Cubes, Whole Grain Crackers, Water</p>	<p><u>BREAKFAST</u></p> <p>Grape Ape Smoothie or Assorted Cereal w/Toast Mandarin Oranges Choice of Milk</p> <p><u>LUNCH</u></p> <p>Cheese Ravioli w/Marinara Green Peas Honey Coin Carrots Apple Wedges/Applesauce Choice of Milk</p> <p><u>SNACK</u></p> <p>Hummus & Pita Bread 100% Fruit Juice</p> <p>LEAN & GREEN DAY</p>	<p><u>BREAKFAST</u></p> <p>Chicken Biscuit or Assorted Cereal w/Toast Sliced Pears Choice of Milk</p> <p><u>LUNCH</u></p> <p>Beef-A-Roni California Veggie Blend Roasted Butternut Squash (F2S) w/Apples WG Dinner Roll Mixed Fruit Choice of Milk</p> <p><u>SNACK</u></p> <p>Vanilla Wafers & Banana Water</p>	<p><u>BREAKFAST</u></p> <p>French Toast w/Syrup or Assorted Cereal w/Toast Mixed Fruit Choice of Milk</p> <p><u>LUNCH</u></p> <p>Soft Beef Tacos Lettuce, Tomatoes & Salsa Sour Cream & Guacamole Black Beans Pineapple Tidbits Choice of Milk</p> <p><u>SNACK</u></p> <p>Sliced Peaches Vanilla Yogurt Water</p>	<p><u>BREAKFAST</u></p> <p>Scrambled Eggs & Cheese Grits Or Assorted Cereal w/Toast Sliced Peaches Choice of Milk</p> <p><u>LUNCH</u></p> <p>Fish Fillet on WG Bun Sweet Potato Fries Green Beans Sliced Peaches Choice of Milk</p> <p><u>SNACK</u></p> <p>Whole Grain Graham Crackers w/WOW Butter Water</p>

ECLC DECEMBER 2016 MENU w/ SNACK

<u>MONDAY 12</u>	<u>TUESDAY 13</u>	<u>WEDNESDAY 14</u>	<u>THURSDAY 15</u>	<u>FRIDAY 16</u>
<p><u>BREAKFAST</u> Cinnamon Roll Assorted Cereal w/Toast Pineapple Tidbits Choice of Milk</p> <p><u>LUNCH</u> Sliced Chicken Filet w/Dip Waffle Fries Honey Coin Carrots Apple Wedges/Applesauce Choice of Milk</p> <p><u>SNACK</u> WG Choc. Chip Oatmeal Bar 100% Fruit Juice</p>	<p><u>BREAKFAST</u> Berry Parfait or Assorted Cereal w/Toast Sliced Pears Choice of Milk</p> <p><u>LUNCH</u> Grilled Cheese Sandwich Roasted Butternut Squash Shelled Edamame Peach Cobbler Choice of Milk</p> <p><u>SNACK</u> WG Goldfish Pineapple Tidbits Water LEAN & GREEN DAY</p>	<p><u>BREAKFAST</u> Oatmeal w/Brown Sugar or Assorted Cereal w/Toast Mandarin Oranges Choice of Milk</p> <p><u>LUNCH</u> Spaghetti (Meat or Marinara) Seasoned Corn Steamed Broccoli Mixed Fruit Choice of Milk</p> <p><u>SNACK</u> Cheese Stick WG Crackers Water</p>	<p><u>BREAKFAST</u> Pancakes w/Syrup & Sausage Or Assorted Cereal w/Toast Pineapple Tidbits Choice of Milk</p> <p><u>LUNCH</u> Chicken Nuggets Real Mashed Potatoes Seasoned Green Peas Fruit Salad Choice of Milk</p> <p><u>SNACK</u> Cheerios Sliced Pears Water</p>	<p><u>BREAKFAST</u> Scrambled Eggs & Cheese Grits Or Assorted Cereal w/Toast Sliced Peaches Choice of Milk</p> <p><u>LUNCH</u> Cheese Pizza Buttered Corn Steamed Mixed Veggies Garlic Toast Sliced Oranges/ Mandarin Oranges Choice of Milk</p> <p><u>SNACK</u> Rice Chex Cereal 100% Fruit Juice</p>
<u>MONDAY 19</u>	<u>TUESDAY 20</u>	<u>WEDNESDAY 21</u>	<u>THURSDAY 22</u>	<u>FRIDAY 23</u>
<p><u>BREAKFAST</u> MANAGER'S CHOICE</p> <p><u>LUNCH</u> MANAGER'S CHOICE</p> <p><u>SNACK</u> MANAGER'S CHOICE</p>	<p><u>BREAKFAST</u> MANAGER'S CHOICE</p> <p><u>LUNCH</u> MANAGER'S CHOICE</p> <p><u>SNACK</u> MANAGER'S CHOICE</p> <p>LEAN & GREEN DAY</p>	<p><u>BREAKFAST</u> MANAGER'S CHOICE</p> <p><u>LUNCH</u> MANAGER'S CHOICE</p> <p><u>SNACK</u> MANAGER'S CHOICE</p>	<p align="center">CLOSED HOLIDAY BREAK</p>	<p align="center">CLOSED HOLIDAY BREAK</p> <p align="center">SCHOOL BACK OPEN ON JANUARY 3rd!</p> <p align="center">WE WISH YOU HAPPY, HEALTHY & SAFE HOLIDAY SEASON!</p>